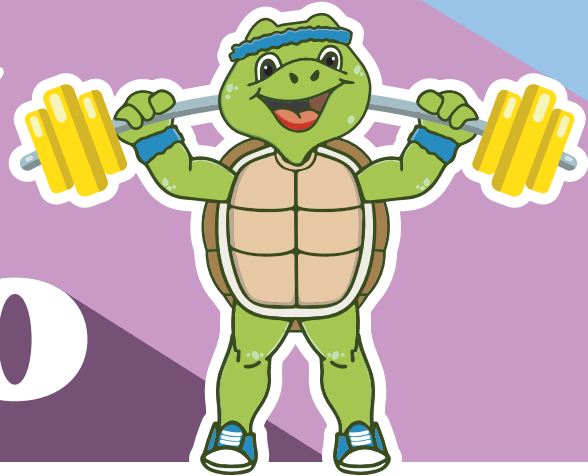


Strong Ibdak Healthy Iiwaa

# Senior Fitness Day Expo



**Music • Fun • Incentives • Demos**

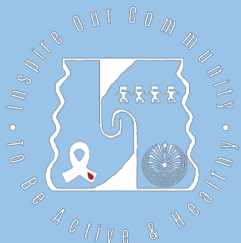
Celebrate National Senior Fitness Day with  
a morning of fun and fitness!

**Wednesday, May 29 | 9:30-11:45 a.m.**

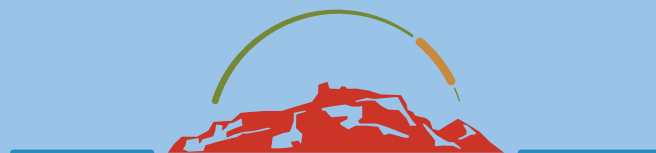
**WOLF Fitness Center - Upstairs**

For community seniors 55+ and adults with adaptive needs.

Sign up by May 24 with Celinda Joe. Request transportation if needed.  
[celinda.joe@srpmic-nsn.gov](mailto:celinda.joe@srpmic-nsn.gov) or **480.876.7180**



Diabetes Prevention Services



**SENIOR SERVICES**

SALT RIVER PIMA-MARICOPA INDIAN COMMUNITY

